

THEME 6 OPEN YOUR HEART READING SKILL (SPICE UP)

A. Read the text and answer the questions.

Unexpected Kindness

Little acts of kindness can make other people's lives easier or happier. The impact of such acts is much bigger than you can imagine. When you say hello to a stranger or help someone in need, you make them smile and feel happier, which makes you happy in turn, too. In other words, it's something that makes people open their hearts to others. "When I was a student, I used to go home every weekend. One Friday afternoon, I was standing in the queue to buy my train ticket. I had left the library a bit late, and my train was already on the platform. Suddenly, the woman in front of me turned and said that I could take her row. She had probably sensed my tension because I had been moving restlessly so much. Anyway, she saved my weekend as I made it home in time for dinner," says Lisa, who is in her early forties now. She has been trying to do some little acts since then.

1. Who made one small act of kindness?
2. Who was feeling restless?

B. Read the text again and write true (T), false (F) or not stated (NS).

1. Little acts of kindness provide people with clothing, shoes, furniture, books and toys. _____
2. You can make people feel happy with some little touches to their lives. _____
3. Only other people get pleased when you open your heart to them. You gain nothing. _____
4. Lisa rarely had time to go home at weekends when she was a student. _____
5. Lisa should have left the library earlier in order not to get stressed. _____
6. Lisa left the library a bit late as she had forgotten the time while studying. _____
7. The woman in the row must have been someone who cared about other people. _____
8. Lisa could have arrived home in time if someone hadn't helped her. _____